

Bobotie

(Beef or Lamb)

You will need:

Shopping List	
Protein	
Ground beef or lamb or combination	2 lbs. ground
Miscellaneous	
Oil or ghee	2 tablespoons
Fresh garlic	2 cloves
Onion	1 large
Whole milk	1 cup
Eggs	3 large
White bread	2 slices
Granny Smith apple	1
Golden raisins	1/4 cup
Apricot jam/preserves	2 tablespoons
Juice and zest of 1/2 lemon	1/2 lemon
Slivered almonds	1/2 cup
Rice	sm. bag
Pappadums (optional)	1 box



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