

Shrimp Curry

You will need:

Shopping List	
Protein	
Cooked shrimp	2 pounds
Miscellaneous	
Oil or ghee	2 tablespoons
Fresh garlic	3 cloves
Onion	1 large
Coconut milk	1 can
Lemon juice or lime juice	2 tablespoons
Fresh cilantro	1/4 cup
Crushed or chopped tomatoes	8 oz.
Rice	sm. bag
Pappadums (optional)	1 box
For non-meat eaters - vegetables, tofu, plant protein or fish can be substituted in any recipe. Adjust cooking times accordingly.	



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